

# VALLEYS TRAINING SCHEDULE

## 2026 SEASON

\*\*Training schedule is subject to change.

AGE GROUP	FIELD POSITION	DAYS	TIMES	Training Start Date	Comp Start Date
U6	MAIN BOTTOM	THU	5.00 - 6.00	5 Mar	Apr 24/26
U7	MAIN BOTTOM	THU	5.00 - 6.00	5 Mar	Apr 24/26
U8	MAIN	TUE & THU	5.15 - 6.15	Started	Apr 24/26
U9	MAIN	TUE & THU	5.15 - 6.15	Started	Apr 24/26
U10	MAIN	TUE & THU	5.30 - 6.30	Started	Apr 24/26
U11	MAIN	TUE & THU	5.30 - 6.30	24 Mar	Apr 24/26
U12	MAIN	SUN	TBA	TBA	Apr 24/26
U9 GIRLS	TOP	MON & WED	5.15 - 6.15	Started	Apr 24/26
U11 GIRLS	TOP	MON & WED	5.15 - 6.15	Started	Apr 24/26
U13 GIRLS	TOP	MON & WED	5.30 - 6.30	Started	Apr 24/26
U15 GIRLS	TOP	MON & WED	5.30 - 6.30	Started	Apr 24/26
U17 GIRLS	TOP	MON & WED	5.30 - 7.00	Started	Apr 24/26
SEQW & COMMUNITY	TOP	MON & WED	6.30 - 7.45	Started	Apr 3
U13	TOP	TUE & THU	5.15 - 6.30	Started	Apr 24/26
U15	TOP	TUE & THU	5.15 - 6.30	Started	Apr 24/26
U16	TOP	TUE & THU	5.15 - 6.30	Started	Apr 24/26
U17	TOP	TUE & THU	5.15 - 6.30	Started	Apr 24/26
BRL U19 MENS	TOP	TUE & THU	6.30 - 8.00	Started	Mar 14
BRL U21 MENS	TOP	TUE & THU	6.30 - 8.00	Started	Mar 14
BRL MENS RES	TOP	TUE & THU	6.30 - 8.00	Started	Mar 14
BRL MENS	TOP	TUE & THU	6.30 - 8.00	Started	Mar 14
NATIVES	BOTTOM MAIN	TUE & THU	6.00-7.30	Started	Mar 14

**MAIN FIELD**

**CREEK END**

**BOTTOM FIELD - MOD-FIELD SPACE**

**MONDAY**

**TOP FIELD**

**GRANGE/WEBSTER RD END**

**U17G**  
5.15 – 6.15

**U11G**  
5.15 – 6.15

**U9G** 5.15 – 6.15

**WOMENS**  
6.30 – 7.30

**U15G**  
5.15 – 6.30 (TBC)

**U13G**  
5.15 – 6.30

**CARPARK**

**CLUBHOUSE**

**MAIN FIELD**

**CREEK END**

**BOTTOM FIELD - MOD-FIELD SPACE**

*U6 & U7*

*5:00 – 6:00*

*NATIVES*

*6.00 – 6.30*

**U8**

**5.15 – 6.15**

**U9**

**5.15 – 6.15**

**NATIVES**

**6.30 – 7.30**

**U12**

**5:30 – 6:45**

**U10**

**5.30 – 6.30**

**U11**

**5.30 – 6.30**

**CARPARK**

**TUESDAY**

**TOP FIELD**

**GRANGE/WEBSTER RD END**

**U17**

**5.15 – 6.30**

**U13**

**5.15 – 6.30**

**MENS**

**6.30 – 8.00**

**U15**

**5.15 – 6.30**

**U16**

**5.15 – 6.30**

**CLUBHOUSE**

**MAIN FIELD**

**CREEK END**

**BOTTOM FIELD - MOD-FIELD SPACE**

**WEDNESDAY**

**TOP FIELD**

**GRANGE/WEBSTER RD END**

**U17G**  
5.15 – 6.15

**U11G**  
5.15 – 6.15

**U9G**  
5.15 – 6.15

**WOMENS**  
6.30 – 7.30

**U15G**  
5.15 – 6.15

**U13G**  
5.15 – 6.15

**CARPARK**

**CLUBHOUSE**

**MAIN FIELD**

**CREEK END**

**BOTTOM FIELD - MOD-FIELD SPACE**

*U6 & U7*

*5:00 – 6:00*

*NATIVES*

*6.00 – 6.30*

**U8**  
5.15 – 6.15

**U9**  
5.15 – 6.15

**NATIVES**  
6.30 – 7.30

**U12**  
5:30 – 6:45

**U10**  
5.30 – 6.30

**U11**  
5.30 – 6.30

**CARPARK**

**THURSDAY**

**TOP FIELD**

**GRANGE/WEBSTER RD END**

**U17**  
5.15 – 6.30

**U13**  
5.15 – 6.30

**MENS**  
6.30 – 8.00

**U15**  
5.15 – 6.30

**U16**  
5.15 – 6.30

**CLUBHOUSE**